



8:45 Registration

9:00-10:30 .15 CEUs

Speaker: Robin Wexler

“Extra Hands or Your Worst Nightmare: Becoming a Clinical Site and Utilizing Volunteers in TR

Administration of TR/RT Service

General Description: Comparing and contrasting the role of volunteers and interns. Recruiting, training, retaining, and evaluating volunteers in your agency. How to maximize their effectiveness and enhance your resources. When not to use volunteers or interns. Developing policies and procedures for the management of volunteers and interns.

Learning Objectives:

1. To assess the pros and cons of volunteers, field students and interns for your facility and participants.
2. How to evaluate and assess if the facility should have volunteers, field students or interns.
3. How to evaluate and assess if the recreation professional is ready to be an internship supervisor

4. To compare and contrast the roles of volunteers, field students and interns working in a therapeutic recreation setting
5. To understand systems of recruiting, interviewing, training, supervising, volunteers, field students and interns.
6. To learn current NCTRC standards for internships to promote credentialing in the profession
7. How to be proactive to avoid problems dealing with volunteers, field students and interns.

10:40-12:10 .15 CEUs

Speaker: Robin Wexler

“Enhancing Creativity for the Recreation Therapist

Documentation, Implementation

General Description: How to think “outside the box”. Strategies to enhance creativity for the recreation therapist as well as the participants. Come back to your agency reenergized with a new set of resources, activity skills and ideas for men’s crafts, thematic activities, and leisure counseling.

Learning Objectives:

1. To understand the process of creativity and how to apply the concepts to modification and adaptation of leisure counselling as well as discharge planning.
2. How to use creativity in the administration of a recreation therapy/activities program to maximize staff and budgets

3. How to use creativity to deal with stress management in the recreation therapy staff and promote self-care
4. How to assess creativity and enhance creative problem solving in staff as well as participants.
5. To understand the process of creativity and how to apply the concepts to modification and adaptation of therapeutic recreation activities to implement individual intervention plans

12:10-1:00 LUNCH

1:05-4:05

Speakers: Marjorie Cohen CTRS, MS

Tracy L. Canin MA, ATR-BC, LCAT

Learning Objectives:

The Value of Humor & Laughter as an Interventional Tool to Enhance Successful Outcomes in the Delivery of Positive Programming .3 CEUs

FKW- Foundational Knowledge

ADM- Administration of Therapeutic Recreation

By participating in this workshop, you will learn through education and experience the therapeutic benefits of humor and laughter. You will take away multiple examples of how to utilize the knowledge and techniques to enhance therapeutic interventions in the workplace, with staff, clients and in your own personal life. **Participants will learn:**

A) How humor and laughter affect the physiological, mental, emotional, social and spiritual aspects of life; The progression of humor to laughter and ultimately joy.

B) Through participating in fun and effective activities how to impact your group’s moods, attitudes, outlooks, and overall health. Included will be an Art Therapy experience, silly drama scenarios and other therapeutic laughter techniques. There will be time to share a funny story or your favorite joke. **Total CEUs .6**

TRALI FALL SEMINAR 2019

DATE: Wednesday, 12/4/19

REGISTRATION: 8:45AM

Speakers:

Robin Wexler has over forty years' experience both as an educator and as a recreation therapist, supervisor and department administrator. She received her B.S. in Art Education from State University of New York at Buffalo and a Master's in Recreation from Lehman College of the City of New York. Retired after twenty- five years as a Professor & head of the Recreation Leadership curriculum at Suffolk County Community College, on Long Island, New York, she has also been on the faculty of Empire State College & Kingsborough Community College.

Marjorie Cohen, MS, CTRS

Marjorie founded **Hearts in Hand, Community Connection Groups**. She has many years of experience working with both groups and individuals. Her vision combines her professional and personal skills and talents to lead people along their journey to enhance their personal and collective potentials. Marjorie has worked in long term and adult day care for over 30 years.

Tracy L. Canin, MA, ATR-BC, LCAT

Tracy has worked in the Healthcare Industry for 20 + years as an Art Therapist. She is presently the Director of Creative Arts Therapy at St. James Rehabilitation and Healthcare Center. She piloted a program focusing on coping tools targeted to address dealing with life stressors and anxiety/depression when faced with medical challenges and illness.

Domenico's of Levittown

3270-A Hempstead Turnpike Levittown, NY 11756

From the Southern State Parkway: Take the Southern State Parkway to Wantagh Parkway North (Exit 27N). Continue on the Wantagh Parkway to Hempstead Turnpike East (Exit W3-E). After exiting the parkway make a left at the Stop Sign and a right onto Hempstead Turnpike at the traffic light. Continue on Hempstead Turnpike approximately 1 mile. Look on your right for the King Kullen Shopping Center and turn into the parking lot. Domenico's is located in the southwest corner.

From the Northern State Parkway: Travel on the Northern State Parkway to Wantagh Parkway South (Exit 33). Continue on Wantagh Parkway to Hempstead Turnpike East (Exit W3-E). After exiting the parkway, bear right and then turn right at the first light onto Hempstead Turnpike. Continue on Hempstead Turnpike, approximately 1 mile. Look on your right for the King Kullen Shopping Center and turn into the parking lot. Domenico's is located in the southwest corner.

From the Long Island Expressway: Take the Long Island Expressway to the Seaford Oyster Bay Expressway South (Exit 44 S). Exit the Seaford Oyster Bay Expressway at Hempstead Turnpike going West (Exit 7W). Continue West approximately 1.5 miles and look for the King Kullen Shopping Center, located at the Gardiner's Avenue Intersection. Turn left onto Gardiners Avenue and stay in the right lane. Turn into the King Kullen Shopping Center, where Domenico's is located in the southwest corner.

Questions????

Please e-mail Teresa at tsawicki@whiteoaksrehab.com at least one day prior to conference.



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TIME: 8:45AM

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